GUIDELINES FOR STAGE 4 UNDER STATE OF EMERGENCY & SPECIAL DISPENSATION FOR WALVIS BAY, SWAKOPMUND & ARANDIS LOCAL AUTHORITY AREAS

1. The next level of migration for Namibia

STAGE 4: STATE OF EMERGENCY – COVID – 19 COMPLIANCE AND ENFORCEMENT OF REGULATIONS

Following the declaration by the Head of State and President of the Republic of Namibia His Excellency; Dr. Hage G. Geingob on April 30, 2020, under proclamation no.17 State of Emergency – COVID – 19 Regulations: Namibia Constitution, on Monday 29 June 2020 at 23:59, 13 regions with exception of the Erongo Region, will transition from STAGE 3 to STAGE 4 until 17 September 2020, for an extended 10-week period.

Erongo region will migrate from STAGE 1 to STAGE 3 at 23:59 on Monday 22 June 2020 until 06 July 2020 for a period of 14 days or one-incubation cycle, with a special dispensation for the Walvis Bay, Swakopmund and Arandis Local Authority Areas.

Namibia Sport Commission as a regulatory authority of sport in the country under PART II of the Sport Act No.12 of 2003 Section 3 (b), (c), (d) (e) (g) and (p) through the office of the Chief Administrator as "authorised officer" under section 1 (g) of the abovementioned Government Gazette and concerning the monitoring and ensuring compliance of these regulations hereby wish to appeal to affiliate Federations, Umbrella Bodies, Sporting clubs, Gyms and Exercise Centers and Sport stakeholders to ensure that they strictly adhere to the COVID – 19 regulations as per Government Gazette of 22 June 2020.

2. Measures under STAGE 4:

These measures are applicable to all 13 regions with exception of Erongo Region.

All sporting events permitted to resume including contact sports as defined in the Regulations, subject to adherence to the Public Gathering limit of 250 persons and the Health & Hygiene protocols. However, it is required from all those that wish to hosting organized sporting events that involves mass gathering as per the regulations to seek approval from Namibia Sport Commission in the prescribed manner and should meet all the requirements as per hosting regulations and as prescribed in the Namibia Sport Act no.12 of 2003. This will ensure that the host federation or event organiser is in compliance with the COVID – 19, NSC Regulations and other agencies can monitor the event procession. Alternatively those in the regions except Khomas Region can request permission to host events from the offices of the Regional Sport Officers.
The manager of a sporting club or sporting event organiser must ensure that –

- All persons entering are sanitised when entering the facility as per the COVID-19 directives and World Health Organisation approved guidelines from the International sporting bodies;
- Temperature checks are to be implemented upon all entry.
- A client register is mandatory upon entry and various subsections of the facility i.e. the sport field, gym, and exercise centres.
- Continue to observe all hygiene protocols as directed under the State of Emergency Stage 3 and 4 COVID – 19 regulations.
- Additional precautionary measures as may be approved by federastion/Association as long as it is not contrary to the regulations.

Showers/Wet Areas and Lockers Rooms

- Showers to be opened, there should be dividers between cubicles and disinfected after usage (disinfectant chemicals/station readily available in the shower area. **Only those that meets the requirements**
- Lockers should be made available and regularly disinfected (every 30-45m)
- **Sauna and steam to remain closed**
- Social distancing communication must be visible in and around the locker rooms and wet areas

Child Care facilities

- Adherence to all health and safety protocols as per Level 4 guidelines in place (signing in with name and contact details as well as scanned for temp)
- Social distancing markers visible in the play area
- Children in the facility must actively supervised, toys, tables and chairs to be disinfected regularly

**MEASURES FOR ERONGO REGION WITH SPECIAL DISPENSATION FOR WALVIS BAY, SWAKOPMUND AND ARANDIS LOCAL AUTHORITY AREAS**

Public gatherings at Erongo region will be restricted to 50 persons with exception of Walvis Bay, Swakopmund & Arandis Local Authority Areas, which will be restricted to 10 persons. As per existing regulations and guidelines under Stage 3: COVID – 19 Contact Sport is strictly prohibited in the

NB: **We really first for Contact sport encourage training as a priority area, though Contact sport is allowed.**

Sincerely yours in Sport

Simataa Mwiya
Chief Administrator

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Chairperson - Joel Matheus; Vice Chairperson - Alina. C.M. Similo,
Commissioners - Thomas Mbeeli; Dr. Marius F. Johannes, Nklaus Jacob Ngunhuma, Werner Jeffery, Karen Mubonenwa, Linda
Dumba Chikulu & Erica Beukes
Chief Administrator - Simataa Mwiya